
Maryland Dietetic Association

ANNUAL MEETING

April 7 & 8, 2005



MEETING the CHALLENGE:
Diversity, Innovation,
and Trends in Practice

Program and Registration Information

La Fontaine Bleu • Lanham, Maryland

2005 ANNUAL MEETING Agenda

■ Thursday, April 7th ■

- 7:30 a.m. - 8:00 a.m. Registration and Networking**
- 8:00 a.m. - 8:15 a.m. Welcome**
Marie DeMarco MS, RD, LD, NCC
- 8:15 a.m. - 9:15 a.m. Celiac Disease: To the Infinity** CPE Credit: 1 CPE level: 2
Alessio Fasano, MD LNC: 5110, 5120
This session provides an update of current knowledge on epidemiology, pathogenesis, and clinical presentation of Celiac Disease.
- 9:15 a.m. - 10:15 a.m. Celiac Disease, Gluten Free Diet and Beyond** CPE Credit: 1 CPE level: 2
Pam Cureton, RD, LD LNC: 5220, 3020
This session will review the treatment of Celiac Disease, including the whats, hows and difficulties, and also how Dietitians can help patients manage at home, restaurants, hospitals and nursing homes.
- 10:15 a.m. - 10:30 a.m. Hot Beverage Break**
- 10:30 a.m. - 11:30 a.m. Translating Nutrition Recommendations into Action for Latinos: a Focus on Heart Health** CPE Credit: 1 CPE level: 2
Judy Rodriguez, PhD, RD, FADA LNC: 1040, 5160
(Sponsored by General Mills Bell Institute of Health & Nutrition)
In this session you will learn about the typical dietary patterns, preferences, and cultural beliefs of Latino groups and how to effectively communicate the importance of heart health.
- 11:30 a.m. - 12:30 p.m. Exhibits**
Silent Auction (to support the MDAF Scholarship Fund)
Meet the Portfolio Experts (no CPE credit for this session)
Already on the Professional Development Portfolio system? Are you confused or frustrated? Bring your portfolio questions and concerns for individual attention. Come anytime in the Exhibit hall during this hour to meet with the Experts.
- 12:30 p.m. - 1:30 p.m. Lunch/Annual Business Meeting**
- 1:30 p.m. - 1:45 p.m. Maryland State Board of Dietetic Practice Report**
Paul Araujo, PhD, RD, LD-N
- 1:45 p.m. - 2:15 p.m. Exhibits**
- 2:15 p.m. - 3:15 p.m. 3 Concurrent Sessions**
- 1) Infant Nutrition and Health Risks** CPE Credit: 1.5 CPE level: 2
Kathleen McDonald, MD LNC: 4140, 5060, 4000
This presentation will review general evidence regarding risks of not breastfeeding, latest studies, the new Public Ad campaign and Advocacy issues.
- 2) Food Security in a Changing World** CPE Credit: 1 CPE level: 2
Jamie K Stamey, MS, RD, LDN, CFSP LNC: 8040, 7060
The foodservice operator has invested much effort in providing safe and wholesome food to customers. However, with the events on and after 9/11, a threat to the US food supply is of heightened concern. This session will focus on the HACCP-based procedures and controls to prevent biological, chemical, and physical hazards under variable conditions.
- 3) Managing Your Professional Development Portfolio** CPE Credit: 1 CPE level: 2
Cheryl Koch, MS, RD, LD, FADA, CNSD LNC: 1010, 6000
*Members beginning Professional Development Portfolio recertification process on June 1st, 2005, should attend this presentation to find out more about managing your **Professional Development Portfolio**. This presentation will provide you with exciting new opportunities for you to optimize the scope of and the value gained from CPE activities. (continued next session)*

2005 ANNUAL MEETING Agenda

Thursday, April 7th continued...

3:15 p.m. - 3:30 p.m. Afternoon Break

3:30 p.m. - 4:30 p.m. 3 Concurrent Sessions

1) Diversity in Dietetic Careers: Round Table CPE Credit: 1 CPE level: 2
(choose 3 - 20 minute sessions) LNC: 1010, 7040, 7070, 7210, 9000, 8000

Consultants: Sharon Boggs, MS, RD, LD, CDE and Eva Rand, MS, RD, LD

Vegetarian Nutrition Specialist: Joy Peterson, MPH, RD, LD

Dietetic Technician: Adrienne Walker, DTR and Jolene R. Campbell, MS, RD, LDN

Industry- Pharmaceutical: Kristin Healey, RD and Debbie Webb, RD

Research: Ann Munson, MS, RD and Rachael Stolzenberg-Solomon, PhD, MPH, RD

This round table discussion is designed to provide a diverse representation of dietitians and diet technicians.

The session will provide insight into career choices and various opportunities for the dietetic professional.

2) Beyond Teaching:

Helping Your Clients Change their Lives CPE Credit: 1 CPE level: 2

Melinda Brett, MS, RD, LPC LNC: 6070, 6020

In this session you will learn skills in motivational interviewing and helping clients tap into their inner resources to improve their lives and the quality of their health.

3) Managing Your Professional Development Portfolio (continued) CPE Credit: 1

4:30 p.m. Member Reception with Awards Presentations

■ Friday, April 8th ■

7:30 a.m. - 8:00 a.m. Registration and Networking Breakfast

8:00 a.m. - 10:00 a.m. 3 Concurrent Sessions

1) Creating a More Meaningful Relationship with Food CPE Credit: 2 CPE level: 2
Amanda Archibald, RD LNC: 8060, 6000

A thought provoking, and inspiring session that brings a refreshing perspective to nutrition education.

This fact-packed presentation guides dietitians through the trends and perspectives that impact consumer choice, food consumption and nutrition education. Learn new ideas and concepts that will empower you in your role as nutrition educators. Approach your work with renewed enthusiasm and a greater sense of meaning and fulfillment.

2) Health on the Move: Using Exercise to Teach

Health and Nutrition to Children and Adults CPE Credit: 2 CPE level: 2

Ruthie Bushnell, M.Ed LNC: 4160, 4060, 6000

(partially sponsored by Mid Atlantic Dairy Association)

This action packed presentation will give you many ideas on how you can teach nutrition and exercise simultaneously.

3) Managing Your Professional Development Portfolio CPE Credit: 2 CPE level: 2

Cheryl Koch, MS, RD, LD, FADA, CNSD LNC: 1010, 6060

*Members beginning Professional Development Portfolio recertification process on June 1st, 2005, should attend this presentation to find out more about managing your **Professional Development Portfolio**. This presentation will provide you with exciting new opportunities to optimize the scope of and the value gained from your CPE activities.*

10:00 a.m. - 10:45 a.m. Hot Beverage Break and Poster Sessions
Silent Auction (to support the MDAF Scholarship Fund)

2005 ANNUAL MEETING Agenda

Friday, April 8th continued...

10:45 a.m. - 12:15 p.m. 3 Concurrent Sessions

1) Hot Topics in Renal Nutrition CPE Credit: 1 CPE level: 2
Micki Misiaszek, RD, LDN LNC: 5340, 5000

This presentation will review recently released clinical practice guidelines as well as other current nutritional issues of interest to dietitians dealing with patients diagnosed with Chronic Kidney Disease.

2) Diabetes: Plant Based Approach to Intervention CPE Credit: 1 CPE level: 2
Joycelyn Peterson, MPH, RD LD LNC: 5190, 4110, 5000

In this session you will learn how to meet the challenges of providing optimal nutrition therapy to the vegetarian client.

3) Nutrition in the Palm of Your Hand:

How Dietitians Can Enhance their Practice with PDAs CPE Credit: 1.5 CPE level: 2
Peggy Turner, MS, RD, LD LNC: 1020

Personal Digital Assistants (PDA) technology has been adopted as the technology of choice by many Healthcare Professionals. Come learn why the technology is so popular and how you too can meet the PDA challenge, increase productivity and access information- all from the palm of your hand.

12:15 p.m. - 1:30 p.m. Lunch and Poster Sessions

Meet the Portfolio Experts (no CPE credit for this session)

Already on the Professional Development Portfolio system? Are you confused or frustrated? Come anytime to the Exhibit hall during this hour, with your portfolio questions and concerns for individual attention from the Experts.

1:30 p.m. - 2:30 p.m.

**Real-Life Wellness: Women, Weight,
and the Evolving Nutrition Environment** CPE Credit: 1 CPE level: 2
Dayle Hayes, MS, RD LNC: 4000, 4180

(Sponsored by the Maryland Beef Council)

When it comes to food and nutrition, women are at the head of the table. Women have their own unique nutrition needs - and they are often the gatekeepers of meals and snacks for younger and older generations as well.

This comprehensive session will review the latest research on women's nutrient needs. Learn how you can help women get the nutrient-rich foods they need for their own demanding lives - and for the health of their families.

2:30 p.m. - 4:00 p.m

**Guiding Americans Toward Health:
The New USDA Food Guidance System** CPE Credit: 1.5 CPE level: 2
Jessica Donze Black, MPH, RD, CDE LNC: 4000, 4030

This presentation will discuss the Food Guide Pyramid revision process, the New Food Guidance System, and the likely uses and application of this new tool as well as the 2005 Dietary Guidelines for Americans and other current issues as they relate to the future of nutrition guidance in this country.

Topic and Speaker subject to change without notice.

*Application has been made to Commission on Dietetic Registration for
CPE credits (Thursday 5 sessions + 1 exhibit, and Friday 6 sessions + 1 poster)*

CPE levels and Learning Needs Codes are suggested for each session



2005 ANNUAL MEETING Registration Form

Pre-Registration Deadline: March 25, 2005

Full Name: _____ ADA #: _____

Name preferred for name tag: _____ Credentials: _____

Address*: _____

City, State, Zip*: _____

Day Phone*: _____ Fax: _____

Email*: _____

Job Title: _____

Employer: _____

Any special needs: _____

Do you plan to attend a session of "Managing Your Professional Development"? Yes No

If you do NOT wish to be listed on the Conference Roster

REGISTRATION STATUS	ADA Member	Non-ADA Member	Student*
Two Day Registration: April 7 and 8, 2005	<input type="checkbox"/> \$170***	<input type="checkbox"/> \$250***	<input type="checkbox"/> \$90
Thursday Only Registration; April 7, 2005	<input type="checkbox"/> \$105***	<input type="checkbox"/> \$150***	<input type="checkbox"/> \$50
Friday Only Registration; April 8, 2005	<input type="checkbox"/> \$105***	<input type="checkbox"/> \$150***	<input type="checkbox"/> \$50
Thursday Afternoon Member Reception	<input type="checkbox"/> No Charge	<input type="checkbox"/> No Charge	<input type="checkbox"/> No Charge
On-Site & Late Fee (if post-marked after March 25, 2005)	\$25	\$25	
TOTAL FEES	\$ _____	\$ _____	\$ _____
***Deduction ADAF Contribution (see below)	\$ _____	\$ _____	\$ _____
***Deduction MDA-PAC Contribution (see below)	\$ _____	\$ _____	\$ _____
TOTAL AMOUNT DUE	\$ _____	\$ _____	\$ _____

*Students must submit a copy of their affiliate membership card. ***Registration for either one or two days includes voluntary contributions of \$5.00 to the American Dietetic Association Foundation and \$3.00 to the Maryland Dietetic Association Political Action Committee (PAC). Additional donations can be made to either or both of these groups. If you do not wish to contribute to the ADAF or MDA-PAC, please subtract the appropriate amount from the above total due.

METHOD OF PAYMENT TO GUARANTEE REGISTRATION:

Check made payable to: Maryland Dietetic Association, Check # _____

Credit card : Master Charge Visa

Card # _____ - _____ - _____ - _____ Expiration Date _____

Name as it appears on the card (print): _____

Cardholder Signature: _____

**Billing address, phone number and e-mail required for Credit Card payment

No Refunds after March 25, 2005.

A fee of \$25.00 will be charged for any returned check.

Please send completed Registration and Payment to:
MDA
C/O Dechen Surkhang, RD, LD
6308 Blackburn Court
Baltimore, MD 21212

Questions:
 Dechen Surkhang, dps@jhmi.edu
 or Jackie Marlette-Boras, MHS, RD, LD,
 (410) 997-7778 ext:229,
 Fax: (410) 997-7669, jmboras@comcast.net



2005 ANNUAL MEETING Speaker Information

Amanda Archibald, RD

Principal,
Field to Plate Company & Arch Consultant
New Market, MD

Paul E. Araujo, PhD, RD, LD-N

Assistant Professor-Dietetic Programs,
Baltimore City Community College
Baltimore, MD

Sharon Boggs, MS, RD, LD, CDE

Diabetes Nutrition Educator/Nutrition Counselor
Baltimore, MD

Melinda Brett, MS, RD, LPC

Nutrition Consultant, Licensed Professional Counselor,
Changing Weighs
Salisbury, MD

Ruthie Bushnell, M.Ed

Educator, Speaker, Consultant,
Anne Arundel County Public School and Health on the Move
Silver Spring, MD

Jolene R. Campbell, MS, RD, LDN

Program Head, Director -Dietetic Program,
Baltimore City Community College
Baltimore, MD

Pam Cureton, RD, LD

Research Dietitian, Center for Celiac Research
University of Maryland
Baltimore, MD

Marie DeMarco, MS, RD, LDN, NCC

President, MDA
Consultant Dietitian
Baltimore, MD

Jessica Donze-Black, MPH, RD, CDE

Manager, National Nutrition Policy
American Dietetic Association
Washington DC

Kathy Emmert, MSA, RD, LDN

Dietitian,
Genesis Healthcare
Baltimore, MD

Alessio Fasano, MD

Professor of Medicine,
Director, Center for Celiac Research
University of Maryland, School of Medicine
Baltimore, MD

Dayle Hayes, MS, RD

President,
Nutrition for the Future, Inc.
Billings, MT

Kristin Healey, RD

Cardiovascular Health Specialty Representative,
Pfizer Inc.
Baltimore, MD

Cheryl Koch, MS, RD, LD, FADA, CNSD

Director, Food and Clinical Nutrition Programs
Johns Hopkins Bayview Medical Center
Baltimore, MD

Kathleen McDonald, MD

Attending Neonatologist,
Pediatrics at Sinai Hospital of Baltimore
Baltimore, MD

Micki Misiaszek, RD, LDN

Regional Clinical Consultant,
Genzyme Corporation
Baltimore, MD

Helen Mullan, MBA, RD, LD

Clinical Nutrition Manager
Johns Hopkins Hospital
Baltimore, MD

Ann Munson, MS, RD

Clinical Research Coordinator,
Johns Hopkins University Clinical Trials Unit
Baltimore, MD

Joycelyn Peterson, MPH, RD, LD

Executive Director,
Vegetarian Institute of Nutrition and Culinary Arts (Vinca)
Columbia, MD

Eva Rand, MS, RD, LD

Nutrition Consultant
Bethesda, MD

Carmen Roberts, MS, RD, LD, CDE

Director, Nutrition Education and Practice,
Program Director, The Johns Hopkins Wt. Management Center,
Johns Hopkins Bayview Medical Center
Baltimore, MD

Judy Rodriguez, PhD, RD, FADA

Professor and Chair - Dept. of Public Health
University of North Florida
Jacksonville, FL

Jamie K. Stamey, MS, RD, LDN, CFSP

Senior Food Safety Consultant,
The Steritech Group, Inc.
Charlotte, NC

Rachael Stolzenberg-Solomon, PhD, MPH, RD

Investigator,
Nutritional Epidemiology Branch
National Cancer Institute
Rockville, MD

Peggy Turner, MS, RD, LD

Nutrition Consultant
Yukon, OK

Adrienne T. Walker, DTR

Food Service Administrator,
Rosewood Center, DHMH - State of Maryland
Owings Mills, MD

Debbie Webb, RD

Executive Cardiovascular Specialist
Merck Pharmaceuticals
Baltimore, MD

Joanne Zacharias, MS, RD, LD

President-Elect, MDA
Food Service Administrator
Montgomery County Dept. of Corrections and Rehabilitation
Boys, MD

Support Scholarships

The Maryland Dietetic Association Foundation will hold a Silent Auction during the Annual Meeting to raise funds for scholarships for Maryland dietetic students and dietitians returning to school. **EVERYBODY benefits from the Silent Auction:**

- **scholarship winners**
- **contributors of items who can claim a charitable deduction**
- **bidders who get something that they wanted**

The MORE ITEMS in the auction, the MORE FUN it is and the MORE MONEY the foundation will raise.

Ask businesses you deal with if they would contribute a gift certificate or in-kind services. Contribute personal or professional items that might be just what someone else is looking for. All contributions will be acknowledged in the Silent Auction Catalog, so it is good advertising for businesses and organizations.

*SEND YOUR CONTRIBUTIONS TO: Linda H. Paren, RD LD
1429 Stoney Point Way
Baltimore, MD 21226*

no later than March 4, 2005 to be included in the catalog. If you have questions about the auction or specific items that you would like to contribute, contact Linda Paren at 410-550-1025.

MDA Cookbook

Maryland Dietetic Association Cookbook Available

Explore the Tastes of Maryland: From the Mountains to the Sea, will be available for purchase both days of the meeting. If you haven't seen this wonderful cookbook, now is your chance to look it over and buy one or several copies (\$15.00/book with tax included, or \$10.00 for 10 books or more). A portion of the proceeds from the cookbook sales will go towards scholarships and a local food charity.

More information can be found on the MDA web site, www.eatwellmd.org.

Reception & Tribute

Member Reception and Tribute

Please join us immediately following the Annual Meeting on Thursday, April 7th. Honors and Awards will be presented, scholarship winners will be recognized and there will be a special tribute for G. Jane Hartman.

Hors d'oeuvres and drinks will be served. Avoid the rush hour tension this year and take advantage of this special time to honor our award winners and finish that conversation you began earlier in the day!

There is no charge for the reception. Just indicate on the registration form that you will be attending.

DIRECTIONS TO LA FONTAINE BLEU
7963 Annapolis Road • Lanham, Maryland 20706
(301) 731-4333

** Since we do not have control over La Fontaine Bleu's temperature settings, some rooms may be cool. Please bring a jacket or sweater.*

TRAVELING FROM THE NORTH (SILVER SPRING, ROCKVILLE):

Take 495 South to Exit 20B. Turn right onto 450 West - Annapolis Road.
Travel through two (2) traffic lights and turn Left into parking lot (shopping center with Office Depot).

TRAVELING FROM THE SOUTH (CAMP SPRINGS, NORTHERN VIRGINIA):

Take 495 to Exit 20B, Route 450 West - Annapolis Road.
Travel through three (3) traffic lights and turn Left into parking lot (shopping center with Office Depot).

BALTIMORE-WASHINGTON PARKWAY (FROM THE DISTRICT):

Take the BW Parkway to Exit for Route 450 East - Annapolis Road.
Travel three miles, past Harkins Road.
Go two blocks and La Fontaine Bleu is on the Right (shopping center with Office Depot)

BALTIMORE-WASHINGTON PARKWAY (FROM BALTIMORE):

Take 295 towards Washington to Capitol Beltway - 495 South towards Andrews Air Force Base.
Travel to next Exit (20B), Route 450 West-Annapolis Road.
Go through two (2) traffic lights and turn Left into parking lot (shopping center with Office Depot).

FROM ANNAPOLIS:

Take Route 50 West, Exit 7B onto 495 North. Take second exit, 20B, Route 450 West - Annapolis Road
Go through three (3) traffic lights. Turn Left into parking lot (shopping center with Office Depot).

HOTEL INFORMATION

Ramada Inn at New Carrollton
8500 Annapolis Road
(301) 459-6700 ask for group code "MDA"

Block of Rooms have been reserved for April 6th and 7th, at a daily rate of \$89.00 + tax, single or double occupancy.

This rate will be held until March 29th, 2005.

Ramada Inn is located less than a mile from La Fontaine Bleu.



P.O. Box 1151
Brooklandville, MD 21022

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