c/o Anita Gathogo 1224 Cedarcroft Road Baltimore, MD 21239



# 2015 Fall Workshop

Tuesday October 13, 2015 7:15 am – 4:15pm

> The Gathering Place 6120 Day Long Lane Clarksville, MD 21029

For More Information:
Call Phyllis McShane 410.967.6377
pef@rmcshane.com

6.0 CEU hours and 1 credit hour for exhibits requested for both RDs and DTRs6.0 CE hours and 1 credit hour for exhibits requested for CDMs

**MD DHCC Member Fee - \$95** 

Supervised Practice students will again be involved in all aspects of the Workshop.

#### PROGRAM GOALS:

By attending this meeting attendees will be able to:

- Describe status of Proposed Changes to State
   Regulations on Long Term Care (LTC).
- Describe status of Proposed Changes to State Regulations on Assisted Living (ALF).
- Explain what informatics is and how RD(s) in long term care use it.
- List **one way to use informatics** in practice.
- Describe wound care PEARLS: Protein, Energy,
   Amino Acids, RDA/RDI, Litigation, and Sarcopenia.
- List one new way to promote hydration in the elderly population.
- Describe one approach to increase fiber intake.
- Explain one new approach to provide Dining Services.
- List one practical approach to using IDNT in developing PES statements in LTC
- Visit multiple venders of food & nutrition services in the exhibit area.

# **Exhibitors and Door Prize Donations:**

A full list will be available in the Workshop Folder

# MD DHCC is thrilled to announce:

- Jan Madden will review the status of revisions to LTC & ALF regulations that affect many of our jobs.
- Dr. Collins will discuss wound care, sarcopenia, and related litigation issues.
- Ms. Luciani will provide insight in IDNT use in electronic and paper medical records.
- And so much more! Please join us!

## THE FACULTY

Janice Madden, MS RD LDN

Office of OHCQ
State of Maryland

### Lindsey Hoggle, MS RD

Director, Nutrition Informatics AND, Washington DC Office

#### Nancy Collins, PhD RD LD/N FAPWCA FAND

Wound Care Expert/ Consultant Dietitian Entrepreneur Extraordinaire Las Vegas, Nevada

## Denise Kelly, MEd RD

LYONS/ Lyons Magnus Walton, Kentucky

## Jeffrey Farese, CDM

Global Healthcare Services LLC Howell, NJ

## Angela Luciani, RD LDN

McGee Rehabilitation Hospital Philadelphia, PA

#### MD DHCC Board:

Chair – Phyllis Fatzinger McShane
Chair-elect – Joyce Geer
Secretary – Marcy Etherson
Treasurer – Anita Gathogo
Nominating Committee – Cheryl Frazier Trusty (chair),
Jennifer Vargas & Lauren Wathen
Historian/Tech Expert – Stacy Kim
Past Chair – Joyce Rowley

# **DIRECTIONS:**

#### From the Baltimore Beltway I-695

Take I-70 West to Rt. 29south to 32West. Exit onto Rt. 108, Clarksville. Make a right off the exit. Take a right at Linden Linthicum Lane (just past River Hill Village Center). Make 1<sup>st</sup> right onto Day Long Lane and next right into parking lot.

#### From Washington Beltway I-495

Take I-95 North to 32 West. Then follow above directions from 32 West.

# THE PROGRAM

7:15 a.m. - 8:00a.m.

Registration/ Continental Breakfast/ Early Exhibits

8:00a.m. - 8:15a.m.

#### **Welcome and Announcements**

Phyllis Fatzinger McShane, MS RD LDN/LD

8:15a.m. - 9:15a.m.

Update on OHCQ + Proposed Regulations for LTC & ALF
Janice Madden, MS RD LDN

9:15a.m. – 9:30a.m. Exhibits/ Break

9:30a.m. - 10:30 a.m.

Informatics in Long Term Care: What you need to know
Lindsey Hoggle, MS RD

10:30a.m. - 11:30a.m.

# Nutrition PEARLS - Gem Quality Information on Wound Care

Nancy Collins, PhD RD LD/N FAPWCA FAND

11:30 a.m. - 1:00 p.m.

Door Prizes, Lunch Exhibits & MD DHCC Board

Q/A on new CDR CPEU system

1:00p.m. - 2:00p.m.

#### **Promoting Hydration and Fiber**

Denise Kelly, MEd, RD

2:00 pm - 3:00pm

# Dining "Concierge" Services for our Residents (And staying on BUDGET)

Jeffrey Farese, CDM

3:00p.m. - 3:10p.m.

very short break/ stretch in place

3:10p.m. - 4:10p.m.

#### **PES Statements in Long Term Care**

Angela Luciani, RD LDN

4:10 p.m. - 4:15 p.m.

**Closing Remarks** 

**Distribution of CPEU forms with Evaluation Collection** 

# 2015 FALL WORKSHOP

Drofossional Affiliation

DTR#	
CDM#	
Registration Fees prior to September 3	0, 2015
MD-DHCC Member (paid 2015-16 \$15 fee)	\$95.0
MD-DHCC Supporters (paid 2015-16 \$20 fee	\$100.0
Academy of Nutrition & Dietetics Member	\$105.0
Students (in full time programs)	\$30.0
RD/DTR, non-Academy member	\$115.0
All Others	\$135.0
After September 30, 2015 add an additiona	l \$10.00
to above fees.	
Check here if you do <b>NOT</b> want \$1 to go t	to ADAF
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Announcement Board will be available for Job Postings (for free)!

checks payable to MD-DHCC.