**2017 Spring Workshop**

Tuesday, April 4, 2017

7:15 am – 4:15pm

The Gathering Place

6120 Day Long Lane

Clarksville, MD 21029

For More Information:

Anita Gathogo: [awmgathogo@gmail.com](mailto:awmgathogo@gmail.com)

or 410-440-1213

6.0 CPEU hours + 1 CPEU for exhibits and 1.0 Posters for both RDs and DTRs

**8 maximum credits have been requested**

6.0 CEU hours and 1 credit hour for exhibits 1 credit for Posters

will be awarded for CDMs

**MD DHCC Member Fee - $95**

**Please note this is a PAPERLESS workshop please visit**

<http://mddhcc.weebly.com>  **to print workshop handouts**

MD DHCC

Stacy Kim, RD LDN

c/o 4717 Sunflower Drive

Rockville, MD 20853

**PROGRAM GOALS:**

By attending this meeting attendees will be able to:

* Outline new perspectives on protein
* Outline **Diabetes Drugs and Trends**
* Describe updates on **New Trends and Updates** on parenteral nutrition process in LTC
* List one **Medication - Nutrient Interaction**
* Be able to identify side effects and implement prevention of side effects
* Understand the link **between stress** and **increased physical** and emotional problems, especially for those with chronic illness.
* **Visit multiple vendors of food & nutrition services** in the exhibit area.
* **Get current updates from posters**
* Get information on the new **tech tools** that one can use to improve efficiency as a clinician.

**Exhibitors and Door Prize Donations**

A full final list will be available at the meeting and posted at <http://mddhcc.weebly.com>

***MD DHCC is thrilled to announce:***

* ***Angela Ginn will update us on current diabetes drugs and trends***
* ***Alyce Newton will provide information on the new TPN formulations***
* ***Lisa Wolk will teach us to take care of our mind and body and ultimately translate that to our residents.***
* ***Yuliya Pharm D will bring the latest information on drug-nutrient interactions that are affecting our residents; how to identify and what to do.***
* ***Poster presentations by Howard University interns:***

Katie Dashiman, Liux Nina, Patience Owunwanne, Tahjea Miller, Indajea Huff, Samantha Williams

**Free Announcement Board** will be available for Job Postings

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**THE FACULTY**

**Alyce F. Newton, MS RDN LDN CNSC**

Medical Science Liaison – Clinical Nutrition

Mid-Atlantic and North East

**Mara Lee Beebe MS RD LD CNS**

Nutrition Support Team Dietitian

Mt. Carmel West Hospital, Columbus Ohio

**Lisa Wolk RDN, LD**

Owner of The Center for Mind Body Nutrition, Drums, Pennsylvania

# Yuliya A Klopough BS MH PharmD

Clinical Pharmacy Manager, Life Bridge Health

Angela J. Ginn Meadow RD LDN CDE

Manager Diabetes Education Coordinator University of Maryland Center for Diabetes & Endocrinology

**Phyllis Fatzinger McShane MS RD LDN**

Internship Director University of Maryland

**MD DHCC Board:**

Chair – Joyce Geer

Chair-elect – Anita Gathogo

Secretary – Marcy Etherson

Treasurer – Stacy Kim

Nominating Committee – Becky Gates, Peggy Bush-Thomas, Janie Gramling

Newsletter committee – Latanya Clark, Cheryl Frazier-Trusty

Past Chair – Phyllis Fatzinger McShane

Past, Past Chair - Joyce Rowley

**THE PROGRAM**

7:15 am - 8:00 am

**Registration/ Continental Breakfast/ Early Exhibits**

8:00 am – 8:15 am

**Welcome and Announcements**

Anita Gathogo MS RDN LDN

8:15 am - 9:15 am

**An Overview of the Parenteral Nutrition Process in LTC**

Alyce F. Newton MS RDN LDN CNSC

9:15 am - 9:30 am

**Exhibits/ Break**

9:30 am - 10:30 am

**Protein: A new perspective**

Mara Lee Beebe MS RD CNSD

10:30 am -11:30 am

**Steps to Resiliency: How to move through life’s challenges with greater ease and awareness**

Lisa Wolk RDN LD

11:30 am - 1:00 pm

**Door Prizes, Lunch, Exhibits, Posters**

**& Meet MD DHCC Board**

1:00 pm - 2.00 pm

**Medication- Nutrient Interactions: Early identification and prevention of Side effect**

# Yuliya A Klopough BS MH PharmD

2:00 pm - 3:00 pm

**Diabetes Drugs & Trends made Simple! PharmD to RD**

Angela J. Ginn Meadow RD LDN CDE

3:00 pm - 3:10 pm

**Short Break**

3:10 pm - 4:10 pm

**Technology Update and More**

Phyllis Fatzinger McShane MS RD LDN

4:10 pm - 4:15 pm

**End-of-day Door Prizes and Raffle**

Anita Gathogo MS RDN LDN

**2017 Spring Workshop**

**Professional Affiliation**

**RD#** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DTR#** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CDM#** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Registration Fees prior to March 3, 2017**

MD-DHCC Member (paid 2016-17--$15 fee) $95.00

Academy of Nutrition & Dietetics Member $105.00

Students (in full time programs) $30.00

RD/DTR, non-Academy member $115.00

All Others $125.00

**Note membership for 2017 is June 1, 2016 to May 31, 2017; for 2018 - June 1, 2017 to May 31, 2018.**

**After March 4, 2017, add an additional $10.00 fee to all rates – as early bird registration ends March 4th**

**Registration by mail OR online with credit card**

ONLINE Registration Link: [**http://tinyurl.com/mddhcc17spring**](http://tinyurl.com/mddhcc17spring)

Mail In Registration. Fill in below:

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

MAIL in Registration. Mail CHECK AND FORM TO:

MD-DHCC

c/o 4717 Sunflower Drive, Rockville, MD 20853

**NOTE. No Refunds after March 21, 2017.** Make checks payable to **MD-DHCC.**

Food items at meals/snacks are consistent with regular, vegetarian diet. Special diets cannot be provided.

**DIRECTIONS:**

**From the Baltimore Beltway I-695**

Take I-70 West to Rt. 29 south to 32West. Exit onto Rt. 108, Clarksville. Make a right off the exit. Take a right at Linden Linthicum Lane (just past River Hill Village Center). Make 1st right onto Day Long Lane and next right into parking lot.

**From Washington Beltway I-495**

Take I-95 North to 32 West. Then follow above directions from 32 West.