

MDA Let's Move Cities and Towns 11/28/11 conference call agenda/minutes:

Topic Leader	Blocked Time	Topic	Notes	Task	Task Leader	Deadline		
Berit	8:00-8:05	Review the purpose and procedure for involvement in Let's Move Cities and Towns	<p>Leadership from ADA Washington DC office has asked states to participate in Let's Move Cities and Towns in order to promote RDs at local level, and build public policy relationships with local leaders/mayors. The goal is to include RDs and nutrition in the city Plan of Action that you will help the mayor write and/or implement using the Let's Move pillars as a guide (parents make healthier choices, health in schools, physical activity, healthy food affordable and accessible).</p> <p>Your roll is to make an appointment to meet with the mayor for the town you are volunteering, and have a seat at the policy table. Some cities/towns have another leader listed as the contact for Let's Move. Make connections with this person and offer your services based on your time and city needs. Meet with the mayor to update him/her on what the Let's Move program is doing in the community, where you fit in, and build relationship.</p> <p>Still need volunteer in: Aberdeen, Brentwood, Cecilton, Charlestown, Colmar Manor, District Heights, Elkton, Forest Heights, Greensboro, North Brentwood, Seat Pleasant.</p>	N/A				
	8:05-8:07	Report (yes/no) if you have made initial contact the correct	<table border="1" data-bbox="846 1406 1146 1484"> <tr> <td data-bbox="846 1406 1146 1446">Annapolis (yes)</td> </tr> <tr> <td data-bbox="846 1446 1146 1484">Baltimore (yes)</td> </tr> </table>	Annapolis (yes)	Baltimore (yes)			
Annapolis (yes)								
Baltimore (yes)								

		person in the city/town for which you are volunteering.	Bladensburg (yes) Centreville College Park (yes) Crisfield (yes) Frederick (yes) Gaithersburg (yes) Greenbelt (yes) Laurel Mount Rainier (yes) Myersville Rockville (yes) Somerset (yes) Westminster (yes)			
	8:07-8:09	Report (yes/no) if you have met with your city contact person/mayor.	Annapolis (yes) Baltimore—having difficulty hearing back from attempts to make appt, unsure if wanted/needed right now Bladensburg Centreville College Park Crisfield—having difficulty hearing back from attempts to make appt, unsure if wanted/needed right now Frederick Gaithersburg (yes) Greenbelt (yes) Laurel Mount Rainier (yes) Myersville Rockville (yes) Somerset Westminster			
	8:09-8:11	Report (yes/no) if you have a meeting coming up.	No report of upcoming visits from participants on call. Baltimore, Crisfield, and Mount Rainier trying to make appts.			

	8:11-8:35	If you have met with someone: 1. What are their expectations of you? 2. Are you involved with any plans for the city/town that will occur in the next 3/6/12 months?	<p>Annapolis</p> <p>Baltimore</p> <p>Bladensburg</p> <p>Centreville</p> <p>College Park</p> <p>Crisfield</p> <p>Frederick</p> <p>Gaithersburg—fitness event in February for Mont Co, meeting for dinner to plan</p> <p>Greenbelt</p> <p>Laurel</p> <p>Mount Rainier</p> <p>Myersville</p> <p>Rockville--fitness event in February for Mont Co, meeting for dinner to plan</p> <p>Somerset</p> <p>Westminster—trying to get in with Mayor who hasn't returned phone calls, Ron Schroers signed up on behalf of mayor. Have several programs already initiated, such as "Crunch Time". Have put RD as "expert" in community resource guide; know to refer to RD in Carroll County medical setting. Spoke with media for write up in newspaper. Have RDs at health fairs.</p>			
	8:35-8:45	If you are not involved: 1. Have you connected with the person in charge to learn if your assistance is needed for any future plans? 2. Are there any plans that you could help promote?	No comments/questions from participants on call			
	8:45-8:50	What materials or assistance do you need?	Discussed grants (for community project for example): check Kids Eat Right, ADAF			

			(deadline for most Dec 1), Eat Right Weekly emails, Game On Grant from Action for Healthy Kids (deadline Dec 9)			
Berit	8:50-9:00	Plan/tentative dates for ADA Washington DC office (Juliana Smith) training. For Let's Move participants--to be interactive. Record webinar for MDA members. To include training on how to meet with elected officials in addition to Let's Move training. Maybe offer CEU?	<p>January—or when Juliana is available. To have training for Let's Move combined with how to make appts and meet with elected officials at all levels of govt.</p> <p>Have recorded and posted to website for other MDA members, or people who missed the webinar, to view. Live webinar will have opportunity to ask questions.</p>	Contact Juliana	Berit	12/2/11