Annual Meeting 2015


Friday, April 24, 2015

Highlights

- Approved for 7.5 CPEs for RDs and DTRs.
- Continental Breakfast, Snacks, and Lunch included.
- Free Parking.
- Three Learning Tracks: Clinical, Communication and Public Health/Policy

Thank you to Sponsors of the 2015 Annual Meeting:

Abbott Nutrition

eat right. Academy of Nutrition and Dietetics

Coding and Coverage Committee

Martin’s

Nestlé

The Conference Center at the Maritime Institute • Linthicum Heights, Maryland
## Agenda

**Friday, April 24, 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:00 a.m. - 4:30 p.m.</td>
<td><strong>Exhibits</strong> (0.5 CEU available) and <strong>Posters</strong> (0.5 CEU available)</td>
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<tr>
<td>7:00 a.m. - 8:00 a.m.</td>
<td><strong>Registration and Continental Breakfast</strong></td>
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<td>8:00 a.m. - 8:15 a.m.</td>
<td><strong>Welcome and Board Recognition</strong></td>
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<td></td>
<td>Sonal Patel, RD, LDN</td>
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<td>President, Maryland Academy of Nutrition and Dietetics</td>
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<td>8:15 a.m. - 8:45 a.m.</td>
<td><strong>Annual Business Meeting</strong></td>
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<td>Sonal Patel, RD, LDN</td>
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<td>8:45 a.m. - 9:00 a.m.</td>
<td><strong>ANDPAC Update</strong></td>
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<td>Berit Christensen, RD, LDN</td>
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<td>Delegate to AND</td>
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<td>9:00 a.m. - 10:00 a.m.</td>
<td><strong>Keynote Speaker: Make the Connection: Utilize Communication</strong></td>
<td>Room: Auditorium</td>
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<td></td>
<td>Skills to Boost Your Career”</td>
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<td></td>
<td>Melissa Dobbins, MS, RD, CDE</td>
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<td>9:00 a.m. - 10:00 a.m.</td>
<td><strong>Welcome and Board Recognition</strong></td>
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<td>Sonal Patel, RD, LD</td>
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<td>10:00 a.m. - 10:30 a.m.</td>
<td>Breaks and Exhibits</td>
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<td>10:30 a.m. - 11:30 a.m.</td>
<td><strong>CONCURRENT SESSIONS I</strong></td>
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<td><strong>Clinical Track</strong>: The Power of Nutrition for Pressure Ulcer</td>
<td>Room: Auditorium</td>
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<td>Prevention and Treatment: Featuring the New 2014 NPUAP/EPUAP/PPPJA</td>
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<td>International Guidelines</td>
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<td>Becky Dorner, RDN, LD, FAND</td>
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<td>10:30 a.m. - 11:30 a.m.</td>
<td><strong>Communication Track</strong>: Speak UP! Enhancing Professional Communication Skills</td>
<td>Room: A300</td>
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<td>Jamie Stamey, MS, RD, LD</td>
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<td>11:45 a.m. - 12:45 p.m.</td>
<td><strong>CONCURRENT SESSIONS II</strong></td>
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<td><strong>Clinical Track</strong>: Aspects of Physical Assessment in Adult Malnutrition</td>
<td>Room: Auditorium</td>
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<td>Robert DeChicco, MS, RD, LD, CNSC</td>
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<td>Incorporate findings from a nutrition-focused physical assessment</td>
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<td>along with evidence obtained from other sources to diagnose the</td>
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<td>etiology and degree of malnutrition in adult hospitalized patients</td>
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<td>using the Academy/ASPEN recommendations.</td>
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</table>
**Friday, April 24, 2015**

### Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>CPE Level</th>
<th>Code Details</th>
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</table>
| 11:45 a.m.-12:45 p.m. | **CONCURRENT SESSIONS II (continued)**  
**Communication Track:** The OOOOh! Factor – Making Your Messages Memorable and Meaningful  
Melissa Dobbins, MS, RD, CDE  
Learn insider tips for on-camera skills and participate in a hands-on messaging activity that can also be utilized for presentations, articles and blogs.  
**Public Health/Policy Track:** Changing the Way We Look at Agriculture  
Abigail Copenhaver, RDN, CDN  
Describing the current state of US farming and identifying innovative advances in agriculture globally. | CPE: 1.0  
Level: II  
LNC: 1000, 1090  
Room: A300 | |
| 12:45 p.m.-1:45 p.m. | **LUNCH** | | |
| 1:45 p.m.-2:45 p.m. | **CONCURRENT SESSIONS III**  
**Clinical Track:** Food Sensitivities and Inflammation – Understanding the Connection and Empowering Patients to Heal from the Inside Out  
Erin Peisach, RDN, CLT  
Learn about adverse food reactions and how they impact the inflammatory response and patient symptomatology.  
**Communication Track:** Positive Attitude: The Key to Peak Performance  
Wolf Rinke, PhD, RDN, CSP  
This highly motivational and entertaining presentation based in part on Dr. Rinke’s popular book: “Make It a Winning Life: Success Strategies for Life, Love and Business,” combines storytelling, humor, and motivation with specific action strategies that you can apply immediately to improve the quality of your personal and professional life.  
**Public Health/Policy Track:** The Art of Self-Defense: Tracking and Reporting Violators Who Threaten Your Profession  
Mark Rifkin, MS, RD, LDN  
This presentation will a) discuss the rationale, b) describe the legal structure, and c) review practical applications to find and properly report unlicensed violators. | CPE: 1.0  
Level: II  
LNC: 1000, 1090  
Room: A300 | |
| 2:45 p.m.-3:15 p.m. | **Breaks and Exhibits** | | |
| 3:15 p.m.-4:15 p.m. | **Inspirational Leadership:** Create a Dramatic Impact in Areas that are Important for Success and Fulfillment in Your Life and Career  
Becky Dorner, RDN, LD, FAND  
This presentation will help you learn to lead, inspire, and empower people to take action to achieve common goals. | CPE: 1.0  
Level: II  
LNC: 1000, 1070  
Room: Auditorium | |
| 4:15 p.m.-4:30 p.m. | **Awards and Prizes for Poster Sessions**  
Dr. Meena Somanchi, LDN, Education & Research Division Chair, Maryland Academy of Nutrition and Dietetics | Room: Auditorium | |
| 4:30 p.m.-4:45 p.m. | **Raffle Drawing** | Room: Auditorium | |
| 4:45 p.m.-6:15 p.m. | **MAND Awards and Evening Reception**  
Calorie Awareness Without Sacrificing Taste and Health  
Catherine Jones and Elaine Trujillo, MS, RDN  
Looking for delicious food that keeps you in your ideal calorie range? Award-winning chef and nutritionist authors team up for a cooking demo to show you how to create simple meals with big flavor, plus tips on increasing your calorie awareness and ways to find energy balance | CPE: 1.0  
Level: I  
LNC: 8000, 8060 | |

CPE level and Learning Needs Codes are suggested for each session.
You can register one of two ways:

• Mail completed registration and payment to:
  Maryland Academy of Nutrition and Dietetics
  P.O. Box 212, Severna Park, MD  21146

• Use your credit card to pay online:
  www.eatwellmd.org
  Follow the links to the Annual Meeting.

To register by mail, please complete sections A, B, and C and send with payment as directed above.

NOTE:
• Early bird registration deadline is March 27, 2015. Registrations postmarked or entered online after March 27 will be charged the regular registration rate. On-site registrations will incur a late fee of $30.00.
• After April 10, 2015, refunds are not given
• Online registration ends April 10, 2015.
• No mail-in registrations postmarked after April 10 will be accepted; you must register on-site.
• A fee of $30.00 will be charged for any returned check.
• As a courtesy to other attendees, MAND graciously asks that no children be present at conference sessions.

A. PAYMENT INFORMATION

Full Name:_____________________________________ AND #:_____________________________

NOTE: For multiple registrations with the same payment, please fill out section A only one time and submit with a completed section B and C for each registrant.

METHOD OF PAYMENT TO GUARANTEE REGISTRATION:

_____ Check made payable to Maryland Academy of Nutrition and Dietetics.  Check #________________________

_____ Credit card:      _____Master Card    _____Visa      _____American Express

Card #___________________________________________ Exp. Date__________

Amount on Credit Card: $________________

Name as it appears on the credit card (PRINT)__________________________________________________________

Billing Address of credit card:____________________________________________________________

City/State/Zip:________________________________

Phone Number of cardholder:________________________________________

E-mail address:______________________________________________
B. REGISTRANT INFORMATION

Full Name: ____________________________________________ ADA#: ________________________
Address: ______________________________________________________________________________
City, State, Zip: __________________________________________________________________________
Day Phone: ____________________________ Fax: ____________________________________________
Email: __________________________________________________________________________________
Credentials: _____________________________________________________________________________
Job Title (for name tag): __________________________
Employer (for name tag): __________________________________________________________________
Any special needs: ________________________________________________________________________

C. PAYMENT INFORMATION

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<tr>
<th>REGISTRATION STATUS</th>
<th>MAND MEMBER</th>
<th>NON-MAND MEMBER</th>
<th>STUDENT* OR RETIRED A.N.D. STATUS</th>
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</thead>
<tbody>
<tr>
<td>Early Bird Registration (Before 3/28/15)</td>
<td>O $135</td>
<td>O $155</td>
<td>O $50</td>
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<tr>
<td>Registration (3/28/15 - 4/10/15)</td>
<td>O $155</td>
<td>O $175</td>
<td>O $50</td>
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<td>Afternoon Member Reception</td>
<td>O No Charge</td>
<td>O No Charge</td>
<td>O No Charge</td>
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<td><strong>TOTAL FEES</strong></td>
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<td>ADAF Contribution</td>
<td>O $5</td>
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<td>MDA-PAC Contribution</td>
<td>O $3</td>
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<tr>
<td><strong>TOTAL AMOUNT DUE</strong></td>
<td>$________</td>
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*Students must submit a copy of their affiliate membership card.

HOTEL RESERVATIONS

A block of rooms has been reserved at the rate of $139/night at The Conference Center at the Maritime Institute, 692 Maritime Boulevard, Linthicum Heights, MD. To reserve a room, please call 410/859-5700 and ask for Reservations with the Maryland Academy of Nutrition and Dietetics.
DIRECTIONS TO THE CONFERENCE CENTER AT THE MARITIME INSTITUTE
692 Maritime Boulevard, Linthicum Heights, MD 21090
866/629-3196
www.ccmit.org

From Baltimore and points North:
Take 695 (Baltimore Beltway) South toward Glen Burnie
Use Exit #7 – MD-295 (Baltimore/Washington Parkway)
Go South on MD-295
Exit at West Nursery Road (the first exit south of 695)
Turn left off of the exit
Turn left at International Boulevard (3rd light)
Turn left onto Aero Drive (first street)
Proceed 2 blocks and enter through the gate onto the property
Follow signs for Parking Lot A OR Parking Lot D.
The conference entrance is in Building #4

From Washington DC and points South via I-95:
Take I-95 North to 195
Take 195 East to MD-295 (Baltimore/Washington Parkway)
Take 295 North
Exit at West Nursery Road (just after BWI exit)
Bear right at the end of the ramp onto West Nursery Road
Turn left onto International Drive (the first accessible light)
Turn left onto Aero Drive (first street)
Proceed 2 blocks and enter through the gate onto the property
Follow signs for Parking Lot A OR Parking Lot D.
The conference entrance is in Building #4
Parking in lots A and D is free of charge.

For more information regarding directions to The Conference Center at the Maritime Institute, please see http://www.ccmit.org/t-directions.aspx.

Learning Tracks!
Once again, we are pleased to offer three learning tracks this year: Clinical Nutrition, Communication, and Public Health/Policy. We hope this allows you to better achieve your learning needs goals!

MAND POSTER AWARD OF EXCELLENCE
The MAND Poster Award of Excellence recognizes quality poster sessions at the MAND Annual Meeting. All abstracts submitted by March 31, 2015 will be considered for the award. The winners will be determined and announced during the MAND Annual Meeting. In addition, the award will be highlighted on the MAND website and in the Chesapeake Lines.

The first place winner will receive $100 and the first runner-up will be awarded $50.

For more information, go to http://www.eatwellmd.org or contact Dr. Meena Somanchi, drsomanchimda@gmail.com

Paper copies of presentations will not be provided. Presentations will be available on our website, www.eatwellmd.org by April 20, 2015. Please bring copies of desired presentations to the meeting. Thank you for helping MAND be GREEN!