

8.5 CPEs
for RDNs and
DTRs

PRACTICE.



2016 MAND ANNUAL MEETING

FRIDAY, APRIL 22, 2016



BUILD.

FREE PARKING
CONTINENTAL BREAKFAST
& LUNCH

THE CONFERENCE
CENTER AT THE
MARITIME INSTITUTE,
LINTHICUM HEIGHTS, MD

GROW.

PAVE THE WAY AS THE NUTRITION EXPERT.

3 LEARNING TRACKS:

- CLINICAL,
- COMMUNICATIONS,
- EMERGING TRENDS /
HOT TOPICS



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THANK YOU TO OUR SPEAKER SPONSORS OF THIS YEAR'S MEETING:

Session Sponsor:
"Billing for MNT: Past,
Present, and Future"
Marsha Schofield, MS, RD,
LD, FAND



Session Sponsor:
"The Sustainable Diet Debate
in the 21st Century: Plant-
Based or Local?"
Mark Rifkin, MS, RD, LDN



Session Sponsor:
"The (re)Purpose of Food,
Reducing Food Waste at
Home"
Judy Barbe, MS, RDN



Speaker Sponsor:
Milton Stokes, PhD, MPH, RD



KEYNOTE SPEAKER:

Dr. Judith Rodriguez
PhD, RD, FADA, FAND
President, Academy of Nutrition and Dietetics, 2010

**"Melting Pot or Tossed Salad: Culturally Appropriate Approaches
for Effective Nutrition Care"**

CLOSING SESSION:

"A Healthy Conversation About Agriculture, Food and GMOs"



Milton Stokes, PhD, MPH, RD
Monsanto



Michael Hansen, PhD
Consumers Union



Jennie Schmidt, MS, RD
Schmidt Farms Inc.

THANK YOU TO THOSE PROVIDING PRODUCT DONATIONS:

Siggi's Yogurt



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Good Greens



EXHIBITORS INCLUDE:

The Renfrew Center



Maryland Insurance Administration



Sodexo



Hopkins Adult Epilepsy Diet Center



Real Food Blends



Relay Foods



Abbott



Novo Nordisk



Academy of Nutrition and Dietetics Foundation



Maryland Beef Council



MAND 2016 ANNUAL MEETING AGENDA – Friday, April 22, 2016

7:00 a.m. – 4:30 p.m.	Exhibits and Poster Displays (*1.0 CPE for each)	CPE: 2.0 Foyer
7:00 a.m. – 8:00 a.m.	Registration and Continental Breakfast	Foyer
8:00 a.m. – 8:45 a.m.	Welcome, Board Recognition and Annual Business Meeting Kelly Ort, MS, RDN, CSG, LDN President, Maryland Academy of Nutrition and Dietetics	CPE: 1.0 Level: I LNC: 7000 Room: Auditorium
8:45 a.m. – 9:00 a.m.	ANDPAC Update Jeanne Blankenship, MS, RD Vice President of Policy Initiatives and Advocacy, AND	
9:00 a.m. – 10:00 a.m.	Keynote Speaker: “Melting Pot or Tossed Salad: Culturally Appropriate Approaches for Effective Nutrition Care” Dr. Judith Rodriguez, PhD, RD, FADA, FAND <i>This talk will feature an analysis of the elements that comprise cultural proficiency and examples of its application for culturally appropriate nutrition programs and care.</i>	CPE: 1.0 Level: II LNC: 1040, 1060 Room: Auditorium
10:00 a.m. – 10:30 a.m.	Break - Exhibits and Posters	Foyer

*NOTE: Due to concurrent sessions and individual learning needs, earned hours may vary from attendee to attendee. By attending all educational opportunities and spending 120 minutes viewing exhibits and posters during time set aside for this purpose, 8.5 CPE units can be earned. Provided learning need codes are suggested.

CONCURRENT SESSIONS I

10:30 a.m. – 11:30 a.m.

<u>CLINICAL TRACK</u> Room: Auditorium	<u>COMMUNICATIONS TRACK</u> Room: A300	<u>EMERGING TRENDS / HOT TOPICS</u> Room: Bridgeroom
<p>“Billing for MNT: Past, Present, and Future” Marsha Schofield, MS, RD, LD, FAND</p> <p><i>Learn about the evolving world of payment for MNT services, including opportunities and tips for success for RDNs in a wide variety of practice settings.</i></p> <p>CPE: 1.0 Level: II LNC: 7170, 6060</p> <p>Presentation sponsored by the Academy of Nutrition & Dietetics</p>	<p>“Enhance Your Practice with Results from What We Eat in America, NHANES” Meghan Adler, MS, RDN</p> <p><i>This presentation will spotlight the ease of obtaining, interpreting, and incorporating key dietary facts from WWEIA into professional communications of RDN’s, as an additional resource to strengthen messaging.</i></p> <p>CPE: 1.0 Level: II LNC: 4080, 9010, 9020</p>	<p>“The Sustainable Diet Debate in the 21st Century: Plant-Based or Local?” Mark Rifkin, MS, RD, LDN</p> <p><i>In this workshop, Mark Rifkin, MS, RD, LDN will review essential criteria for evaluating eco-footprints, compare eco-footprints of various foods and review how RDNs/DTRs can easily integrate sustainable foods into client recommendations.</i></p> <p>CPE: 1.0 Level: II LNC: 4110, 8018</p> <p>Presentation sponsored by the Vegetarian Nutrition DPG</p>

11:30 a.m. – 11:45 a.m.	Break - Exhibits and Posters	Foyer
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CONCURRENT SESSIONS II

11:45 a.m. – 12:45 p.m.

<u>CLINICAL TRACK</u> Room: Auditorium	<u>COMMUNICATIONS TRACK</u> Room: A300	<u>EMERGING TRENDS / HOT TOPICS</u> Room: Bridgeroom
<p>“Diet and Brain Health: An Evolutionary Perspective” Mark Mattson, PhD</p> <p><i>This presentation will discuss the effects of energy intake, meal frequency and dietary phytochemicals on brain health will be described from an evolutionary perspective, and with regards to aging and neurodegenerative disorders such as Alzheimer’s disease and Parkinson’s diseases.</i></p> <p>CPE: 1.0 Level: III LNC: 5300</p>	<p>“Nutrition Technology for a 21st Century Practice” Catherine Frederico, MS, RD, LDN</p> <p><i>This talk reviews nutrition technology landscape in regards to smart devices, sensors, wearables, apps, kitchen gadgets, medical peripherals, EHRs, and telehealth.</i></p> <p>CPE: 1.0 Level: II LNC: 1020, 1065</p>	<p>"Engaging Urban Youth in Healthy Dietary Habit Changes" Chris D’Adamo, PhD</p> <p><i>This presentation will describe an experiential school-based nutrition education intervention at a large urban high school, direct intervention on the vegetables in the National School Lunch Program, and a multi-modal Summer program featuring urban farming and cooking.</i></p> <p>CPE: 1.0 Level: II LNC: 9010, 9020</p>

12:45 p.m. – 1:45 p.m.	LUNCH View Exhibits and Posters	Cafeteria Foyer
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CONCURRENT SESSIONS III

1:45 p.m. – 2:45 p.m.

<u>CLINICAL TRACK</u> Room: Auditorium	<u>COMMUNICATIONS TRACK</u> Room: A300	<u>EMERGING TRENDS / HOT TOPICS</u> Room: Bridgeroom
<p>“Brain-Gut-Microbiome Connection” Liz Lipski, PhD, CCN, CNS, CFM, BCHN, LDN</p> <p><i>This presentation will highlight research on the gut microbiome and its interactive relationship to the brain is exciting and can change the way you practice.</i></p> <p>CPE: 1.0 Level: II LNC: 2050</p>	<p>“Self-Motivation for Healthcare Professionals: Jet Fuel for Success! How to Get It and How to Keep It!” Mary Ann Hodorowicz, RD, MBA, CDE, CEC</p> <p><i>The difference between those who never reach their goals and those who achieve one after another is self-motivation; this presentation will “edu-tain” you with a review of the key traits, attitudes and practices that guarantee self-motivation, all summarized in the acronym R.E.A.C.H. F.O.R. M.O.R.E.</i></p> <p>CPE: 1.0 Level: II LNC: 7050</p>	<p>“The (re)Purpose of Food, Reducing Food Waste at Home” Judy Barbe, MS, RDN</p> <p><i>From purchase to cooking, this session will address food solutions to maximize food use and minimize waste at home.</i></p> <p>CPE: 1.0 Level: II LNC: 8018</p> <p>Presentation sponsored by the National Cattlemen’s Beef Association</p>

CLOSING SESSION

2:45 p.m. - 3:15 p.m.	Break - Exhibits and Posters	Foyer
3:15 p.m – 4:15 p.m	<p>“A Healthy Conversation About Agriculture, Food and GMOs” Presentation and Panel Discussion:</p> <ul style="list-style-type: none"> • *Milton Stokes, PhD, MPH, RD (Monsanto) • **Michael Hansen, PhD (Consumers Union) • **Jennie Schmidt, MS, RD (Schmidt Farms Inc.) <p><i>Many conversations today about food and agriculture include the topic of GMOs. Which crops are GMOs? Why were they developed and are they really needed? Why do farmers use them? Are they safe for people and the environment? Can’t we just avoid them? Should we really be modifying genomes? What about unintended consequences? These are but a few of the questions that will be explored.</i></p> <p>*Milton Stokes is sponsored by Monsanto ** Not affiliated with or sponsored by Monsanto</p>	<p>Room: Auditorium CPE: 1.0 Level: II LNC: 2040, 4070, 8018</p>
4:15 p.m. – 4:45 p.m.	<p>Awards and Prizes for Poster Sessions Cathy Ferraro, MS, RDN, LDN, Education & Research Division Chair Oral presentations of top 3 winning posters</p>	<p>Room: Auditorium CPE: 0.5</p>
4:45 p.m – 5:00 p.m.	Raffle Drawing and *Adjourn	Room: Auditorium

***NOTE:** This year, we are not having an evening reception. Instead, MAND hosted a celebration and awards reception on March 18th in honor of National Nutrition Month.

2016 MAND Annual Meeting Registration

You can register one of two ways:

- Mail completed registration and payment to:
Maryland Academy of Nutrition and Dietetics
P.O. Box 212, Severna Park, MD 21146
- Use your credit card to pay online:
www.eatwellmd.org
Follow the links to the Annual Meeting.

To register by mail, please complete sections A, B, and C and send with payment as directed above.

NOTE:

- Early bird registration deadline is March 25, 2016. Registrations postmarked or entered online after March 25 will be charged the regular registration rate. On-site registrations will incur a late fee of \$30.00.
- After April 8, 2016, refunds are not given
- Online registration ends April 8, 2016.
- No mail-in registrations postmarked after April 8 will be accepted; you must register on-site.
- A fee of \$30.00 will be charged for any returned check.
- As a courtesy to other attendees, MAND graciously asks that no children be present at conference sessions.

A. Payment Information

Full Name: _____ AND #: _____

NOTE: For multiple registrations with the same payment, please fill out section A only one time and submit with a completed section B and C *for each registrant*.

Method of payment to guarantee registration:

_____ Check made payable to Maryland Academy of Nutrition and Dietetics. Check # _____

_____ Credit card: _____ Master Card _____ Visa _____ American Express

Card # _____ Exp. Date _____

Amount on Credit Card: \$ _____

Name as it appears on the credit card (PRINT) _____

Billing Address of credit card: _____

City/State/Zip: _____

Phone Number of cardholder: _____

E-mail address: _____

B. Registrant Information

Full Name: _____ ADA#: _____

Address: _____

City, State, Zip: _____

Day Phone: _____ Fax: _____

Email: _____

Credentials: _____

Job Title (for name tag): _____

Employer (for name tag): _____

C. Payment Information

Registration Status	MAND Member	Non-MAND Member	Student* or Retired A.N.D . Status
Early Bird Registration (Before 3/25/16)	O \$135	O \$155	O \$50
Registration (3/25/16 - 4/08/16)	O \$155	O \$175	O \$50
TOTAL FEES	\$ _____	\$ _____	\$ _____
ANDF Contribution	O \$5	O \$5	O \$5
TOTAL AMOUNT DUE (Registration + Contributions)	\$ _____	\$ _____	\$ _____

*Students must submit a copy of their affiliate membership card.



HOTEL RESERVATIONS:

A block of rooms has been reserved at the rate of \$139/night at **The Conference Center at the Maritime Institute**, 692 Maritime Boulevard, Linthicum Heights, MD. **To reserve a room, please call 410/859-5700 and ask for Reservations with the Maryland Academy of Nutrition and Dietetics.**

DIRECTIONS TO THE CONFERENCE CENTER AT THE MARITIME INSTITUTE

692 Maritime Boulevard, Linthicum Heights, MD 21090

866/629-3196

www.ccmmit.org

From Baltimore and points North:

Take 695 (Baltimore Beltway) South toward Glen Burnie

Use Exit #7 – MD-295 (Baltimore/Washington Parkway)

Go South on MD-295

Exit at West Nursery Road (the first exit south of 695)

Turn left off of the exit

Turn left at International Boulevard (3rd light)

Turn left onto Aero Drive (first street)

Proceed 2 blocks and enter through the gate onto the property

Follow signs for Parking Lot A OR Parking Lot D.

The conference entrance is in Building #4

From Washington DC and points South via I-95:

Take I-95 North to 195

Take 195 East to MD-295 (Baltimore/Washington Parkway)

Take 295 North

Exit at West Nursery Road (just after BWI exit)

Bear right at the end of the ramp onto West Nursery Road

Turn left onto International Drive (the first accessible light)

Turn left onto Aero Drive (first street)

Proceed 2 blocks and enter through the gate onto the property

Follow signs for Parking Lot A OR Parking Lot D.

The conference entrance is in Building #4

Parking in lots A and D is free of charge.

For more information regarding directions to The Conference Center at the Maritime Institute, please see <http://ccmit.org/directions>

Learning Tracks!

Once again, we are pleased to offer three learning tracks this year: Clinical Nutrition, Communication, and Emerging Trends/Hot Topics. We hope this allows you to better achieve your learning needs goals!

MAND Poster Award of Excellence

The MAND Poster Award of Excellence recognizes quality poster sessions at the MAND Annual Meeting. All abstracts submitted by March 31, 2016 will be considered for the award. The winners will be determined and announced during the MAND Annual Meeting. In addition, the award will be highlighted on the MAND website.

The first place winner will receive \$100 and the first runner-up will be awarded \$50.

For more information, go to <http://www.eatwellmd.org> or contact Cathy Ferraro, caferraro@umes.edu



Paper copies of presentations will not be provided. Presentations will be available on our website, www.eatwellmd.org by April 18, 2016. Please bring copies of desired presentations to the meeting. Thank you for helping MAND be GREEN!

