PROGRAM GOALS:

By attending this meeting attendees will be able to:

- Describe the relationship of elevated serum phosphorous to increased Morbidity and Mortality.
- Learn about different types of stress, what the brain and body do or not do, and how you can take care of yourself! Understand the link between stress and increased physical and emotional problems, especially for those with chronic illness.
- How to Contain costs with supplements, Thickened Beverages and Juices.
- Understand the Role of House of Delegates.
- Be able to identify Vitamins when to recommend and which ones to recommend.
- Get updates on dysphagia diets, what can you do as a clinician to help improve quality of life.
- Visit multiple vendors of food & nutrition services in the exhibit area.

Exhibitors and Door Prize Donations

A full final list will be available at the meeting and posted at http://mddhcc.weebly.com

MD DHCC is thrilled to announce:

- Back by public demand: Yuliya Pharm D this time with a fun and interactive education session on how to decode the confusing language of Vitamins.
- Lubna SLP will provide updated information on Dysphagia diets and the RD’s role in improving Quality of Life.
- Our Joanne Zacharias with shed some light on the positions and roles of House of Delegates all you’ve wanted clarified.
- Linda will explain why Albumin matters; You’ll love her sense of Humor!
- Cindy will give information so we continue to give supplements when needed and stay within budget.
- Sheila will give tips on how to be stress free in a stressful world.
- Howard University Students will help with registration and introduction of speakers.

Free Announcement Board will be available for Job Postings

2017 Fall Workshop
Tuesday, October 3rd, 2017
7:15 am – 4:15pm
The Gathering Place
6120 Day Long Lane
Clarksville, MD 21029

For More Information:
Anita Gathogo: awmgathogo@gmail.com
or 410-440-1213

6.0 CPEU hours + 1 CPEU for exhibits for RD’s, DTRs and CDM’s
7 maximum credits have been requested

MD DHCC Member Fee - $85

Please note this is a PAPERLESS workshop please visit http://mddhcc.weebly.com to print workshop handouts (to be posted)
THE FACULTY

Linda Salamone RD., LD., CSR
Renal Dietitian – Futurecare Health and Management Corporation

Joanne Zacharias MS, RD, LDN
Food Service Manager, Fredrick County Sheriff’s Department Detention Division

Cindy Cysewski MS, RD, LDN
Director of Healthcare Sales – Eastern Division
Lyons Magnus, Fresno Ca

Sheila Murphy
Community Wellness Chief
Department of Community Services, Cecil County Government

Yuliya A Klopopouh BS MH PharmD
Clinical Pharmacy Manager, Life Bridge Health

Lubna Nabulsi MS CCC-SLP
Senior Speech Language Pathologist

MD-DHCC Board

Chair – Anita Gathogo MS. RDN
Past Chair – Joyce Geer RD LDN
Chair Elect – LaTanya Clark MS. RD LDN
Treasurer – Stacy Kim RD LDN
Secretary – Diane Darcy MS. RD LDN
Nominating Committee:
Lori Weller MS. RD LDN
Sue Grandizio MS. RD LDN
Joselyn King RD LDN

THE PROGRAM

7:15 am - 8:00 am
Registration/Continental Breakfast/ Early Exhibits

8:00 am – 8:15 am
Welcome and Announcements
Anita Gathogo MS RDN

8:15 am - 9:15 am
Renal Nutrition and the Dialysis Patient
Linda Salamone RD., LD., CSR

9:15 am – 9:30 am
Exhibits/ Break

9:30 am – 10:30 am
Updates from the House of Delegates
Joanne Zacharias MS, RD, LDN

10:30 am – 11:30 am
Containing costs with supplements, Thickened Beverages and Juices.
Cindy Cysewski MS, RD, LDN

11:30 am – 1:00 pm
Door Prizes, Lunch, Exhibits, Posters & Meet MD DHCC Board

1:00 pm – 2:00 pm
Stress Management: “It’s No Easy Job!”
Sheila Murphy

2:00 pm – 3:00 pm
Decoding the Confusing Language of Vitamins
Yuliya A Klopopouh BS MH PharmD

3:00 pm – 3:10 pm
Short Break

3:10 pm – 4:10 pm
Understanding Dysphagia Diets: Beyond the List of Exceptions
Lubna Nabulsi MS CCC-SLP

4:10 pm – 4:15 pm
End-of-day Door Prizes and Raffle
Anita Gathogo MS RDN

2017 Fall Workshop

Professional Affiliation
RD# ___________________________________
DTR# ___________________________________
CDM# ___________________________________

Registration Fees prior to September 12, 2017
MD-DHCC Member (paid 2016-17--$15 fee) $85.00
Academy of Nutrition & Dietetics Member $105.00
Students (in full time programs) $40.00
RD/DTR, non-Academy member $115.00
All Others $125.00

Note membership for 2018 is June 1, 2017 to May 31, 2018; for 2019 - June 1, 2018 to May 31, 2019.

After September 12, 2017 add an additional $10.00 fee to all rates – as early bird registration ends September 12th 2017

Registration by mail OR online with credit card
Link: http://tinyurl.com/mddhcc17f

Mail In Registration. Fill in below:

Name: ___________________________________________
Address: ___________________________________________

Mail in Registration. Mail CHECK AND FORM TO:
MD-DHCC
c/o 4717 Sunflower Drive, Rockville, MD 20853

NOTE. No Refunds after September 25, 2017. Make checks payable to MD-DHCC.

Food items at meals/snacks are consistent with regular vegetarian diet. Special diets cannot be provided.